



EKAM USA

Movement towards holistic health care of children
through their sustainable well-being initiative (SWBI)

We acknowledge our special gratitude to the
enterprising ekam youth ambassadors (EYA) for their
generous support and participation.

Supported by Ekam USA



ANNUAL
NEWSLETTER | 2018

SWBI HIGHLIGHTS

1

Identified Referrals

3350

8

Farmer Training

27

Awareness Training - MCH

1205

2

Livelihood Initiatives

314

9

3

Kitchen Garden & Herbal Garden

605

10

Other Activity - Networking (DEIC, SNCU/NBSU Visit/HR/Followup work/ICDS/Caritas Visit/Hospital Visit/DDHS Visit/ Equipment Maintenance/Attendance Work/Home visit/College Visit.

5603

Gram Sabha Participation

115

4

Cleaning

83

11

5

Mentor Staff Nurse Visit

3

12

Volunteer Identification

413

Medical Camp

77

6

Village Health Survey

295

13

7

Caritas - Udhyam ECO
DRR Project

11



School Children,
Aswarvanthapuram, Thiruvallur



ANC Mothers, Valayankukam,
PHC, Madurai



AWARENESS TRAINING

The Maternal Child Health Training program was conducted every month for ANC Mothers, ICDS Teachers, College Students, School Children, Nehru Yuva Kendra and general public. The topics covered were: Govt. Schemes - 108, 104; CM Insurance Schemes; Food & Nutrition and Kitchen Garden.

T. Mettupatti ICDS Centre, Tirunelveli Melapathi School, Cuddalore



KITCHEN GARDEN IN ICDS CENTER & SCHOOLS

Kitchen Gardens were set up in different districts across Tamil Nadu. These were started in ICDS Centers and Schools with the support of ICDS teachers, school children & local volunteers.



GRAM SABHA PARTICIPATION

In order to decide how to use the available resources optimally in ways desired by the people and to benefit the poorest in the village through direct democratic and participatory planning, the State government decided to conduct the Gram Sabha in all the panchayats in Tamil Nadu. EKAM participated in the Gram Sabha through the District Coordinators in their home town. We participated in places across Tamil Nadu and covered areas like Administration & Budget, Basic Facilities, Health Awareness, Village Panchayat plan, NREGS Work (100 Days), Infrastructure issues, Natural resource Management.





FOLLOW UP MEDICAL CAMPS

Several follow up medical camps were conducted in different hospitals in districts across Tamil Nadu. These included Cardiac Camps, ENT Camps, Eye Camps – general as well as Retinopathy of Prematurity detection camps. The screening was done by renowned specialists from different hospitals.



FARMER TRAINING

This project intended to change the natural farming methods of the farmers in Tamil Nadu by discussing the topics of Natural Farming, Shivyog, Bore well system, Water conservation. Training was given by Mr. Kannan, Farming Consultant.



LIVELIHOOD INITIATIVES

Community members who take care of their community's healthcare were incentivized through livelihood choices. Connecting organic farmers and the community became the baseline for livelihood development. Supply of Safe and nutritive food to the community through micro enterprises from block level to district level is the action plan.



CLEANING

The DCos initiated various panchayat/district wise cleaning activities with the involvement of local public

Vasunallur Block PHC, Tirunelveli



Virudhunagar Block, Virudhunagar



VOLUNTEERS' IDENTIFICATION

During the monthly panchayat visit, our district Coordinator identified volunteers in their villages to engage them in the health activities in their villages and also increase their health knowledge.

VILLAGE HEALTH SURVEY

In order to make the panchayat visit more fruitful, our district Coordinators also collected the data to understand the concerns and gaps in the basic requirements in panchayat/district wise.



CARE OF PREGNANT MOTHERS, NEWBORN & CHILDREN

This project was Funded by Rotary club of Madras East, Facilitated by Ekam Foundation. The scheduled Maternal and Child Health Awareness Training for Mothers & children was held from 29th Jan 2018 to 3rd Feb 2018. In this training we covered topics like Body Mapping and Overview of Organs, Registration of Pregnant Women, Janani Suraksha Yojana, Preventing Unwanted Pregnancies, Condoms - An Option for Men.

SUCCESS STORIES:

Master Ponvannan



Master Ponvannan from Thiruvannamalai district was diagnosed with S/p VSD surgical closure, VSD patch intact, Severe Tricuspid Valve Stenosis with GDT 34/21 MMGH, Hypoplastic TV Annulus ATL Doming for which he was treated at Madras Medical Mission. He was advised for Tricuspid Valve Replacement – Complex Open Heart Surgery and the cost of the procedure was charged up to Rs. 3,39,600/-. The father of the boy is an agricultural laborer, who earns a meagre Rs. 5,000/- per month which was insufficient for the treatment. He approached Ekam foundation to seek financial assistance and immediately the appeal was forwarded to Smt. Rajeswari Radhakrishnan Charitable Trust and they contributed a sum of Rs. 50,000/- towards his treatment. He underwent Tricuspid Valve Replacement successfully and is now living a normal life.



BABY OF CHITHRA



Baby of Chithra (female child) was diagnosed with Extreme Preterm 28 Weeks/Very Low Birth Weight/Probable Sepsis/Apnea of Prematurity/Left Lung Collapse/Anaemia of Prematurity/PDA/Perinatal Depression for which initially she was treated at Chengalpattu Medical College.

The baby had multiple complications, so she was shifted to Sri Ramachandra Hospital. Dr. Sathya - Department of Pediatrics, Chengalpattu Medical College referred the child to Ekam foundation to undertake the entire treatment cost, since the father of the baby works as a house keeper. She was kept under ventilator and the overall treatment cost came up to Rs. 75,424/-. After treatment, she was discharged from the hospital and now the child is recovering to a normal and healthy life.



BABY RAKSHITA

Rakshitha was born with hydronephrosis, which means that the area of the kidney where urine is collected is enlarged or dilated. Until the age of 2 years, the family did not take the child for further evaluation, since the family was financially poor. Unfortunately the child had severe abdominal pain, urinary tract infection and vomiting, so the parents rushed to city hospital, Erode. Dr. Abul Hassan – Consultant Paediatric Surgeon suggested Anderson – Hynes Pyeloplasty procedure (the surgical reconstruction of the renal pelvis to drain and decompress the kidney) This procedure cost Rs. 40,000/- and the family were helpless to mobilise the fund. When they took the child to hospital for regular follow up, unexpectedly the father of the child met with an accident. The family members were completely helpless whether to treat the child or his father. When Ms. Prabha, Child Development Project Officer – Tiruppur came to know about the family situation, she referred Rakshitha to Ekam to support for her procedure. We immediately arranged for the procedure and on 7/11/2018 she underwent the operation and was later discharged from the hospital without any complications. Now she lives a healthy and happy life by continuing regular follow up.



MASTER VINITH



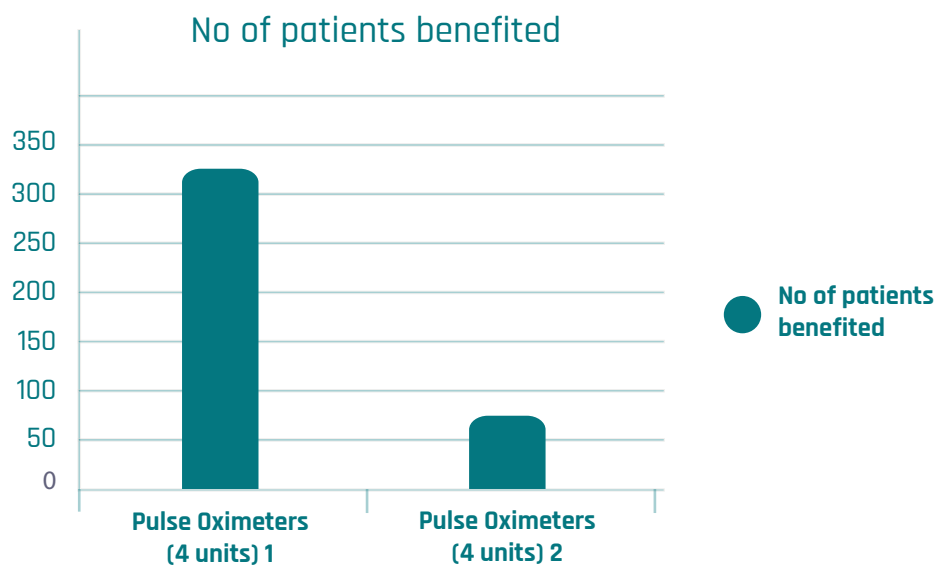
Vinith 5 years old boy from Cheyyur, Kancheepuram district was diagnosed with Midgut Malrotation with volvulus. Initially he was treated at Primary Health Center - Kancheepuram and unfortunately he had complaints of abdominal pain and non billous vomiting for 1 day.

Immediately they rushed to Kanchi Kamakoti Childs Trust Hospital for further treatment, Dr. Lakshmi sundararajan - Senior Consultant was planned for Emergency Laparotomy + Ladd's procedure.

The cost of the procedure was estimated as Rs. 70, 804/- since the father of the boy is working as an agricultural laborer, his meagre salary was not enough to afford for the treatment cost. Knowing their poor situation, Ekam facilitated the treatment with gov. schemes and contributed Rs. 50,000/- for the procedure. The very same day he underwent Laparotomy + Ladd's procedure and discharged from the hospital on 18/7/2018. Now he has recovered and is living a healthy life.

Beneficiaries through donated equipments at Emergency Ward. Cheluvamba hospital. Mysuru - December 2018.

| S. No | Equipment | No of patients benefited |
|-------|---------------------------|--------------------------|
| 1 | Pulse Oximeters (4 units) | 325 |
| 2 | Infusion Pumps (4 units) | 80 |



Using equipments at Emergency Ward



ADOPT A VILLAGE PROGRAM

Adopt A Village Program – EYA (Ekam Youth Ambassador) from each Ekam chapter in USA (United States of America) was assigned one to three villages from a district in Tamil Nadu, India to solve the village problems of village with respect to health, education, sanitation and hygiene through fund raising activities. The aim of this project is creating Communities of Sustainable Health & Development. In 2018, so far we have met the needs of 5 villages in 4 Districts of Tamil Nadu with the help of funds raised by EYA's from 4 Ekam USA Chapters. The details are shown below.



1. ORAPPAM VILLAGE, KRISHNAGIRI DISTRICT - FUNDS RAISED BY EYA OF BATAN ROUGE CHAPTER

We (Krishnagiri District Ekam team) had done survey of the village, identified needs of the village prioritising them under Govt. School needs, Govt. Primary Health Centre needs, Anganwadi centre needs & community needs for water & sanitation. Of these identified needs, Govt. school needs were chosen and as per School's requirement, 11 sets of benches & desks were donated to Govt. Higher Sec. School, Orappam with the help of funds raised by EYA's of Batan Rouge Chapter.

2. MARUDEPALLI VILLAGE, KRISHNAGIRI DISTRICT - FUNDS RAISED BY EYA OF BATAN ROUGE CHAPTER

We (Krishnagiri District Ekam team) had done survey of the village, identified needs of the village with respect to Govt. School, Govt. Anganwadi centre & community needs for water & sanitation. Of these identified needs, Govt. school needs were chosen and as per the School's requirement, Sintex Water tank & Water purifier machine were donated to Govt. Middle School, Marudepalli with the help of funds raised by EYA's of Batan Rouge Chapter.



3. SORPANANDAL VILLAGE, THIRUVAN-NAMALAI DISTRICT - FUNDS RAISED BY EYA OF CHARLOTTE CHAPTER

We (Thiruvannamalai District Ekam team) had done survey of the village, identified needs of the village with respect to Govt. School, Govt. Anganwadi centre & community needs for water & sanitation. Of these identified needs, Govt. Anganwadi centre needs were chosen and as per its requirement, Tables, Chairs and Play materials for children (1 to 5 years) were donated to Govt. Anganwadi Centre, Sorpanandal with the help of funds raised by EYA's of Charlotte Chapter.



4. SALAVAKKAM VILLAGE, KANCHEEP-URAM DISTRICT - FUNDS RAISED BY EYA OF MIDLAND, TEXAS CHAPTER

Our Kancheepuram District team had done survey of the village, identified needs of the village with respect to Govt. School, Govt. Anganwadi centre & community needs for water & sanitation. Of these identified needs, Community needs were chosen and as per its requirement, Water Tank (1000 L) was donated to Salavakkam village with the help of funds raised by EYA's of Midland, Texas Chapter.



5. MUNEEPALLAM VILLAGE, TIRUNELVELI DISTRICT - FUNDS RAISED BY EYA OF DALLAS CHAPTER

Our Tirunelveli District team had done survey of the village, identified needs of the village with respect to Govt. School, Govt. Anganwadi centre & community needs for water & sanitation. Of these identified needs, Schools needs were chosen and as per its requirement, Steel Chairs - 10 nos. and Water Purifier machine - 1 no. were donated Govt. (Panchayat Union) Primary School, Muneerpallam with the help of funds raised by EYA's of Dallas Chapter.



TESTIMONIALS FROM ADOPT A VILLAGE PROGRAM

From.

K. Flora
HEAD MASTER
G.H.S.S. GRAPPAN
Kudangudi St, Pin-635 108

To

The managers.
FKKAM Foundation
Chennai.

Respected Sir,

Here by I tender
my heartfelt thanks to your
institutions where I received
11 sets of Book and benches which
is useful for our students. And
also I tendered my heartfelt thanks
to V.S. Doyers and their projects.
May God bless you and your services.
With regards.


HEAD MASTER
G.H.S.S. GRAPPAN
Kudangudi St, Pin-635 108

சிறப்புதல்

தலைமை ஆசிரியர்,
உ.உ. ச. ந. ந. பள்ளி,
மருதேப்பாளி.

மேலுதல்

முகம் அருக்கட்டண,
இசைவை.

மதிப்பிற்குரிய சிபிமா!

உ.உ. ச. ந. ந. பள்ளி, மருதேப்பாளி, பள்ளிக்கல்
தங்கள் முகம் அருக்கட்டண சாப்பிடல் சூடு Syntex
water tank, R.O Machine. ம் அன்பளிப்பாக
அதங்கப்படுகின்றது. இதற்கு எங்கள் பள்ளியின்
சார்பாக நன்றியை தெரிவித்துக் கொள்கிறேன்.

கிடம்: மருதேப்பாளி.

தங்கள் உண்மையுள்ள,

நாள்: 21.01.2019.


21/1/19
தலைமை ஆசிரியர்
மருதேப்பாளி - 635 108
பஞ்சவர்ணம் & வட்டம்
கருவியில் பாடல்.

Ekam USA 2018 Receipts & Payments

| Date | Particulars | Amount (INR) | Amount(\$) |
|-----------|---|--------------------|------------|
| 3-Jan-18 | 21000 USD received @ INR 62.32 | 13,08,738 | 21,000 |
| 20-Feb-18 | 84417 USD received @ 64.39 | 54,36,422 | 84,417 |
| 14-Jun-18 | 50000 USD received @ 67.15 | 33,57,500 | 50,000 |
| 23-Aug-18 | 80000 USD received | 55,24,819 | 80,000 |
| | | 1,56,27,479 | |
| | Projects Specific Income | | |
| | Capacity Building And Training Of Nurse Trainers -Mentor Nurses | 44,28,860 | 69,417 |
| | Save a Child | 19,32,000 | 30,000 |
| | Sustainable Wellbeing Initiative (SWBI) | 68,10,500 | 1,00,000 |
| | Dr Sai Fellowship | 6,67,319 | 10,000 |
| | EYA Project | 3,32,869 | 4,820 |
| | Prof RM Trivedi Project -Gujarat | 1,38,120 | 2,000 |
| | Mysore Hospital Project | 5,52,480 | 8,000 |
| | FD & Core Fund | 7,03,031 | 10,180 |
| | Akshay Akruti | 62,300 | 1,000 |
| | Total - Donations Received | 1,56,27,479 | |
| | Projects Specific Expenses | | |
| | Capacity Building And Training Of Nurse Trainers -Mentor Nurses | 38,88,309 | |
| | Save a Child | 18,62,010 | |
| | Sustainable Wellbeing Initiative (SWBI) | 46,27,245 | |
| | Dr Sai Fellowship | 6,00,000 | |
| | EYA Project | 1,49,125 | |
| | Prof RM Trivedi Project -Gujarat | - | |
| | Mysore Hospital Project | 5,21,104 | |
| | FD & Core Fund | - | |
| | Akshay Akruti | 62,300 | |
| | Total- Expenses | 1,17,10,093 | |
| | Closing Balance | | |
| | Capacity Building And Training Of Nurse Trainers -Mentor Nurses | 5,40,551 | |
| | Save a Child | 69,990 | |
| | Sustainable Wellbeing Initiative (SWBI) | 21,83,255 | |
| | Dr Sai Fellowship | 67,319 | |
| | EYA Project | 1,83,744 | |
| | Prof RM Trivedi Project -Gujarat | 1,38,120 | |
| | Mysore Hospital Project | 31,376 | |
| | FD & Core Fund | 7,03,031 | |
| | Akshay Akruti | - | |
| | Total- Closing balance | 39,17,386 | |
| | | | |
| | Donation received | 1,56,27,479 | |
| | Expenses | 1,17,10,093 | |
| | Closing balance as on 31st Dec,2018 | 39,17,386 | |

Head Office

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A decorative footer featuring a teal geometric pattern of overlapping triangles and polygons.

Thank you